



# Folkstyle & Freestyle Training Club

“Helping athletes prepare for Freestyle State, Northern Plains, Fargo and the upcoming Folkstyle Season”

**Be a member of this Intense, Competitive and Championship Program**

*Excel!*

**March 18<sup>th</sup> – May 22**

**Grades 3-12, 6:00 – 7:30 pm**

**Open to ALL Area Wrestlers**

**Lodi High School Wrestling Room**

Lead by Coaches Tom Clum and Zane Licht with focus on Folkstyle and Freestyle with resources and support to prepare for additional offseason tournaments!



**Attend Mondays & Wednesday (2X week) \$175\***

**Attend either Mondays OR Wednesday (1X week) \$100\***

**\*Max per family \$325\***

**ADDITIONAL INFORMATION:**  
USA Card Required  
Purchase at  
[www.usawmembership.com](http://www.usawmembership.com)

I assume any risk, and take full responsibility and waive any claims of personal injury, death or damage to personal property associated with **Lodi School District Recreation and Education** and events organized by **The School District of Lodi**.

I understand and confirm that by signing this WAIVER AND RELEASE I have given up considerable future legal rights. I have signed this Agreement freely, voluntarily, under no duress. My signature is proof of my intention to execute a complete and unconditional WAIVER AND RELEASE of all liability to the full extent of the law. I am 18 year of age or older and mentally competent to enter into this waiver.

Any Questions call:  
592-1076

Drop Off Form to:  
Pool Lobby or District Office or any school office

Mail Form to: Lodi CREW  
1100 Sauk Street  
Lodi WI 53555

Participants Name: \_\_\_\_\_

Grade \_\_\_\_\_

- Attending Mon & Wed \$175
- Attending Mondays only \$100
- Attending Wednesday only \$100

Method of Payment:  
Check made payable to CREW  
Register On-line! [www.lodi.k12.wi.us](http://www.lodi.k12.wi.us)

Parent Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Parent Signature \_\_\_\_\_

**Folkstyle & Freestyle Training Club – March – May 2024**